## Mercury Toxicity

# Mercury

USES	Red ink, thermometers, batteries, fluorescent tubes, electrical appliances, biocides, medications
FORMS	Elemental, metallic Hg (Hg <sup>0</sup> ), divalent inorganic Hg (Hg <sup>2+</sup> ) methylmercury (CH <sub>3</sub> Hg <sup>+</sup> and (CH <sub>3</sub> ) <sub>2</sub> )
SPECIES	Monomethyl-Hg is the worst!
NATURE	Soils/rocks, Cinnabar (HgS), food (fish)
HUMAN RELEASE	Combustion of coal and oil, mining/smelting mercury, Cu/Pb smelting, chlor-alkali plants, dental amalgam, fluorescent lamp manufacturing

#### Mercury - in the body

- Hg<sup>2+</sup> binds to proteins (affinity for proteins)
- Kidney mistakes protein w/Hg as glutathione (a good guy), and retains it
- Hg is concentrated in the kidneys
- Leads to kidney failure and/or death, can also damage central nervous system

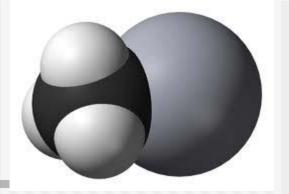
#### Mercury - in the environment

- Hg<sup>0</sup> is oxidized and transformed to Methyl-Hg
  @ the water-sediment interface
- Methyl-Hg is the most soluble, persistent, and toxic form of Hg (bio 1/2 life of 70 days in humans - vs 6 days for inorganic Hg)

## Factors Affecting Methylation

- Low pH = stimulates CH<sub>3</sub>Hg<sup>+</sup> production, increases total Hg available for methylation (increased binding to particulates and decreased evaporation)
- High DOC (leads to methylmercury in fish even in pristine locations - eg. N.pike in LaGrande reservoir, Quebec)

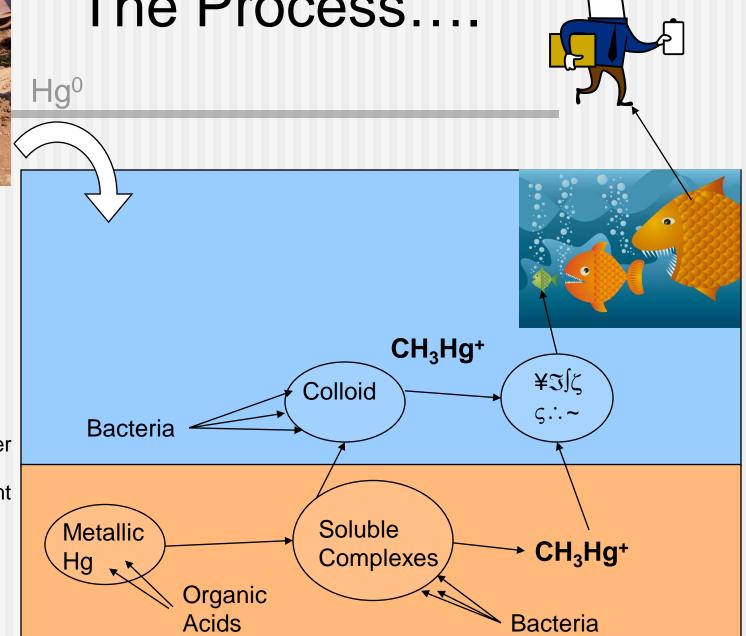
## CH<sub>3</sub>Hg<sup>+</sup>



- Affinity for proteins, moves readily across bio membranes, bioaccumulates in fish muscle tissue, and biomagnifies up the food chain
- Fish are tolerant (10x more so than humans) b/c they store Hg in muscles
- Bad news for those that eat the fish!
- Causes decrease egg hatching/growth, and death in fish when levels are very high



#### The Process....



Water

Sediment

#### Effects on Humans

- Impaired hand-eye coordination
- Memory/ Speech loss
- Lowers IQ
- Blurred vision, blindness
- Teratogen (babies born w/twisted limbs)
- Kidney damage
- Cancer
- Death
- ......

#### Mercury

- Kidneys = affected organs w/ moderate duration exposure to moderate levels
- Brain = receptor in long-term exposure to moderate levels